

執行「疑似或社區精神病人照護優化計畫」 成功轉銜醫療照護之個案報告

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摘 要

「疑似或社區精神病人照護優化計畫」及其前身「醫療機構精神疾病病人社區照護品質提升計畫」在台灣實行已近十年。上述計畫開啓了協助社區中未曾接受精神科治療、接受治療順從度不佳或難以判斷是否為精神疾病的病人接受精神醫療的一扇大門。轉介本計畫的個案來源是透過政府或醫療單位轉介，大多數個案在社區中難接受或拒絕醫療照顧。本文個案報告一位由某衛生局轉介，接受「疑似或社區精神病人照護優化計畫」訪視，成功轉銜醫療的個案。未來，此個案成功轉銜的經驗可提供社區心理衛生中心專業人員在個案管理或運用此計畫的參考。

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關鍵詞：社區精神醫學、個案管理、社區心理衛生中心、精神疾病、社會安全

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Successfully Transferring Patient to Medical Care during the Implementation of "Care Optimization Project for Suspected or Psychotic Patients in Community": A Case Report

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ABSTRACT

Successfully Transferring Patient to Medical Care during the Implementation of "Care Optimization Project for Suspected or Psychotic Patients in Community": A Case Report
The "Care Optimization Project for Suspected or Psychotic Patients in Community (COP_SPPC)", along with its predecessor, the "Quality Improvement Project for Community Care of Patients with Mental Disorders in Medical Institutions" have been implemented in Taiwan for nearly a decade. The above projects have opened a gateway to provide mental health care for community-dwelling patients without mental health intervention, good adherence, or diagnoses as mental disorders. Cases referred to this project originate from government agencies or healthcare units, with the majority of them difficulty engagement with or refusal to care in community. This case report describes a patient referred by Health Bureau, who underwent assessment and psychiatrist's visit under the COP_SPPC and successfully transferred to medical care. In the future, the experience of successful case referral can provide guidance for professionals at community mental health centers in case management or utilizing this project.

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Key words: Community Psychiatry, Case management, Community Mental Health Center, Mental Disorder, Social Security

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