

司法精神護理在司法病房照護的角色功能、 核心實務能力與專業化

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摘 要

近年來重症精神疾病(Severe Mental Illness, SMI)病人涉及刑事案件或法律問題的情況引發社會對此議題的高度關注。在臺灣的司法體系中，對於涉及精神疾病的犯罪者，監護處分作為一項處遇措施，發揮著至關重要的作用。在司法病房照護的司法精神護理師的角色定位明確是專業發展的關鍵。本文首先說明倡議司法精神護理發展的必要性，並介紹各國在此領域的專業化過程。隨後，綜整研究文獻與政策發現，闡述司法精神護理師在司法病房照護中的角色功能、責任定位與核心能力。司法精神護理師的主要角色功能涵括：建立並維持高品質的治療同盟、評估、發展、執行和評價以病人為中心的護理照護，創造並維持對人的尊重，隨著治療進程的推進、確保跨領域專業團隊的有效合作，進而提升整體治療效果，以及促進專業化的發展。最後，期盼本文能為未來司法精神護理的發展策略、職場在職教育、規範與臨床指引和護理標準的制定提供參考依據並作出貢獻。

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關鍵詞：司法精神醫學、司法精神護理、重症精神疾病、監護處分、專業化

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Role Function, Core Competence and Professionalization of Forensic Mental Health Nurse in Forensic Psychiatric Settings

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ABSTRACT

In recent years, the involvement of patients with Severe Mental Illness (SMI) in criminal cases or legal issues has garnered significant societal attention. In Taiwan's judicial system, custodial protection for offenders who are mentally disordered play a crucial role in their treatment. The clear role identification of forensic mental health nurses (FMHN) in forensic psychiatric settings is essential for the advancement of their professional development. This article first outlines the necessity of advocating for the FMHN development, and introduces the professionalization processes in this field across countries. Subsequently, it synthesizes research literature and policy findings to elucidate the role function, responsibilities, and core competencies of FMHN in forensic psychiatric settings. The primary role functions of FMHN encompass: establishing and maintaining high-quality therapeutic alliances; assessing, developing, implementing, and evaluating patient-centered nursing care; fostering and upholding respect for individuals; ensuring effective interdisciplinary team collaboration as treatment progresses, thereby enhancing overall treatment outcomes; and promoting the development of professionalization. Finally, it is anticipated that this article will serve as a valuable reference for the future development strategies of forensic mental health nursing, as well as contribute to the establishment of workplace continuing educational programs, regulations, clinical guidelines, and nursing standards.

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Key words: Forensic Psychiatry, Forensic Mental Health Nursing, Severe Mental Illness, Custodial Protection, Professionalization

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